

get  
**OUTSIDE**  
ACTIVITY GUIDES  
for Plants



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# get OUTSIDE

## ACTIVITY GUIDES

### for Plants



## Growing Together

How *did* those carrots get in the refrigerator? Probably from the grocery store, right? It is important for children to understand the concept of food source. It is even more important to include them in the process. If you don't have an area in your yard to cultivate, you could start with a planter pot. With a few tiny seeds, water and sun, you can grow something together!

## Storytime Tips

Gardening and cooking both teach children sequencing and order. These are important skills for your preschooler to have before Kindergarten. This skill benefits your child when learning to read because it helps with understanding the order of events and the structure of stories. Talk about the steps needed to grow plants. Guide your child as you garden together, asking questions as you go along. Gardening does require patience. Check on your garden and watch the excitement as your little one sees the first sprouts emerge.

## Growth Tip

Read it again. There are thousands of words in books that do not appear often enough in conversation for children to learn their meanings. Repetition is key.

## Additional Literature

*Nibbles: A Green Tale* by Charlotte Middleton

*Dandelions: Stars in the Grass* by Mia Posada

*Before We Eat* by Pat Brisson

*Leaf Man* by Lois Ehlert

## Play, Explore, Discover!

Use the enclosed materials to help your child develop their understanding of the natural world. Allow your child to explore the items in this kit. Model how to use the items while allowing freedom for them to come up with new ways to play with the toys. Here are a few things to try.

### Plant Press

Use the plant press to preserve plant specimens: Create your own herbarium (plant collection), or use pressed plant parts for crafts.

### Flags

After reading *On Meadowview Street*, stake out our own piece of the backyard, plant seeds, and see what comes up!

## Making Connections

Help your child extend the learning and make connections with everyday activities. Below are a few ideas you might try.

- Have your child become a protector of nature (*On Meadow Street*) by claiming a piece of your yard with the enclosed flag markers.
- Visit a local Farmer's Market or grocery store and collect a variety of fruits and vegetables. Have your child make predictions about the location and size of the seeds that each food contains.
- Draw inspiration from *Leaf Man* by creating a creature using nature as your media. Use the plant press to make your creation last longer.

## CONTENT SHEET

NAME OF ITEM	TYPE	QUANTITY
<i>On Meadowview Street</i>	Book	1
<i>Plant the Tiny Seed</i>	Book	1
<i>Seed to Plant</i>	Book	1
<i>Plants Feed Me</i>	Book	1
Seed Packet	Paper Envelopes	Approx 10-15 - Please notify library staff if supply is low
Flags	Metal/Plastic	Approx. 20 - Please notify library staff if supply is low
2 Garden Trowels	Plastic	Please clean if needed
Pocket Microscope	Plastic	1
Plant Press	Wood	1
Activity Guide	Laminated	1
Content Sheet	Laminated	1